

# News briefs

## **Digestive problems topic of talk**

NORWALK

The talk, "Natural solutions to digestive problems," will be presented at 10:30 a.m. on Tuesday, Feb. 24, at the Norwalk Senior Center, 11 Allen Road. Dr. Mark Joachim will discuss how the digestive system works, how stress affects digestion and how preventative measures and natural approaches can improve the health of the digestive system. For more information, call (203) 847-3115, ext. 111.

## **Foundation plans 11th annual Golf Classic**

NORWALK

The Norwalk Education Foundation has announced that its 11th annual Golf Classic fundraiser, which is the major fundraiser of the year for the nonprofit, will take place Monday, May 4, at Shorehaven Golf Club. The event includes golf, lunch, cocktails, dinner, entertainment and a live and silent auction. For more information, call (203) 854-4068 or visit [www.norwalkeducation.org](http://www.norwalkeducation.org).

## **Military-family support group plans meetings**

NORWALK

COMFORTS, the support group for military families, will take place on the following dates at the American Legion, 60 County Street: March 22 from 1 to 2:30 p.m.; April 23 from 7 to 8:30 p.m.; May 17 from 1 to 2:30 p.m.; and June 18 from 7 to 8:30 p.m. For